

Nursing – apricot  
 Occupational Therapy – green  
 Pharmacy – olive green  
 Philosophy – dark blue  
 Physical Education – sage green  
 Physical Therapy – green  
 Public Administration – peacock blue  
 Public Health – salmon pink  
 Science including Biology, Chemistry, Zoology and Sugar  
 Technology – golden yellow  
 Social Work – citron  
 Veterinary Medicine – gray

- The academic hood is draped around the neck and shoulders so that the larger portion hangs down the wearer's back. The velvet or velveteen degree band is worn on the outside. The lower portion of this band which hangs on the wearer's back is turned inside out to show the school colors forming a chevron.



References:

Academic Apparel: Academic Regalia Color List, [http://academicapparel.com/caps/regalia\\_colors.html](http://academicapparel.com/caps/regalia_colors.html)

Academic Costume Code, <http://store.graduationgown.com>

Academic Dress and Insignia of the World, Volume II, Hugh Smith & Kevin Sheard, 1970, AA Balkene/Cape Town

Regalia 101: All the facts you need about academic regalia, [www.robeshop.com/regalia.htm](http://www.robeshop.com/regalia.htm)

The New Book of Knowledge, Grolier Incorporated: 1973

### 1.6.2 Sablay

- The sablay is the other official academic attire of the University. The word "sablay" has two meanings: one, a loose piece of clothing that is simple yet elegant and joined by an ornament; and two, the draping of a precious object or fabric on the shoulder.
- The sablay was first used in the University of the Philippines Diliman in 1990. There was a period when experimentation was allowed thus giving rise to various versions of the sablay. These are now obsolete and should not be worn anymore. The official design for the sablay of U.P. Diliman was adopted at the 28 February 2001 (73<sup>rd</sup>) University Council Meeting. This official version is what is now the required costume in official academic ceremonies in U.P. Diliman.
- The sablay gets its inspiration from the Muslim malong but incorporates various traditional elements found in other Philippine cultures. Running



through the sablay are geometric motifs of indigenous Philippine tribes. They border the initials of the University interpreted in *alibata* characters, the ancient Philippine alphabet. Alternating with the initials of U.P. is an *ukkit* or *ukir* as an accent. The basic colors use maroon and forest green, the official colors of the University of the Philippines.

- The sablay has two versions: the hablon, hand-woven material from Iloilo, and the cotton twill with the design silk screened on to the fabric.
- The sablay is worn by men over plain or ecru-colored barong and black pants, by women over white or ecru-colored dress, midcalf to ankle length. The dress should have sleeves matched with closed shoes. Being an academic costume, the sablay should be worn only with academic regalia (medallions for academic achievement) and a minimum of jewelry. Corsages and leis are not part of the academic costume and therefore they should NOT be worn with the sablay during the ceremony.
- The sablay is worn initially over the right shoulder. After the President has conferred the degree, it is moved from the right to the left shoulder without being taken off.
- The U.P. Open University has adopted the sablay as the official academic costume for its graduates. It has also adopted a doctoral hood, designed to combine with the sablay for the PhD graduates. The hood is made of a piece of fabric shaped like a hood with a metal medallion sewn in front (*see photos below*). The colors of the hood are the U.P. colors maroon and forest green. Horizontal stripes symbolize provision of access to quality education, the mission of the U.P. Open University. (*Approved by the BOR at its 117<sup>th</sup> meeting, 30 May 2003*)



The UPOU Doctoral Hood